



# Long Course Weekend 2024 - 21km 1/2 Maraton

sábado, 20 de abril de 2024

Best Center

## RESULTATS ABSOLUTS

## Long Course Weekend 2024 - 21km 1/2 Maraton

Dorsal	Nom i Llinatges	Any nax	Club/Ciutat	Pos-Cat	1er control parcial	2on control parcial	ultimo parcial	T_Oficial	m/km	T_Real
1	183 Mark Fleming	1986		1- M30	1- 0:39:07 39:07	1- 1:21:09 42:02	0:00:00	1:21:09	4:03	
2	172 Caitlin Bradley	F 1992		1- F30	2- 0:42:58 42:58	2- 1:27:43 44:45	0:00:00	1:27:43	4:23	
3	187 DECLAN QUIGLY	1976		1- M40	3- 0:43:59 43:59	3- 1:28:31 44:32	0:00:00	1:28:31	4:26	
4	171 cunera Koeleman	F 1982		1- F40	4- 0:44:05 44:05	4- 1:28:34 44:29	0:00:00	1:28:34	4:26	
5	188 FRANCOIS JOSEP GALE	1969		1- M50	5- 0:44:10 44:10	5- 1:31:03 46:53	0:00:00	1:31:03	4:33	
6	179 Ceri Edwards	F 1978		2- F40	6- 0:45:58 45:58	6- 1:34:21 48:23	0:00:00	1:34:21	4:43	
7	155 Dietmar Hertsen	1988		2- M30	8- 0:47:02 47:02	7- 1:34:30 47:28	0:00:00	1:34:30	4:44	
8	169 Carl Foulkes	1971		2- M50	11- 0:48:48 48:48	8- 1:35:08 46:20	0:00:00	1:35:08	4:45	
9	156 Tilo Duncker	1968		3- M50	10- 0:48:05 48:05	9- 1:36:07 48:02	0:00:00	1:36:07	4:48	
10	122 Dan Thomas	1979		2- M40	7- 0:46:22 46:22	10- 1:36:46 50:24	0:00:00	1:36:46	4:50	
11	102 Emilio Nicolas Merlos	1980		3- M40	9- 0:48:04 48:04	11- 1:37:53 49:49	0:00:00	1:37:53	4:54	
12	182 Antonino Guarnaccia	1971		4- M50	16- 0:49:56 49:56	12- 1:39:40 49:44	0:00:00	1:39:40	4:59	
13	153 Dean Smith	F 1990		2- F30	19- 0:51:51 51:51	13- 1:40:04 48:13	0:00:00	1:40:04	5:00	
14	184 Ynyr Lloyd Jones	2001		3- M30	15- 0:49:43 49:43	15- 1:40:08 50:25	0:00:00	1:40:08	5:00	
15	177 Barney Evans	2000		4- M30	14- 0:49:43 49:43	14- 1:40:08 50:25	0:00:00	1:40:08	5:00	
16	181 Bruno Annycke	1973		5- M50	12- 0:48:59 48:59	16- 1:42:47 53:48	0:00:00	1:42:47	5:08	
17	165 Klaus Niewels	1985		5- M30	25- 0:53:22 53:22	17- 1:45:47 52:25	0:00:00	1:45:47	5:17	
18	134 James Roberts	1993		6- M30	18- 0:51:03 51:03	18- 1:46:05 55:02	0:00:00	1:46:05	5:18	
19	108 Tom McInnes	1960		1- M60	22- 0:53:20 53:20	19- 1:46:11 52:51	0:00:00	1:46:11	5:19	
20	113 Markus Heinold	1971		6- M50	24- 0:53:21 53:21	20- 1:46:31 53:10	0:00:00	1:46:31	5:20	
21	119 Jon Cowell	1963		2- M60	23- 0:53:21 53:21	21- 1:46:48 53:27	0:00:00	1:46:48	5:20	
22	138 Lean Janse Van Rensburg	1984		4- M40	28- 0:54:32 54:32	22- 1:46:53 52:21	0:00:00	1:46:53	5:21	

Dorsal	Nom i Llinatges	Any nax	Club/Ciutat	Pos-Cat	1er control parcial	2on control parcial	ultimo parcial	T_Oficial	m/km	T_Real
23	135 Claire Gorman	F 1988		3- F30	26- 0:53:23 53:23	23- 1:47:00 53:37	0:00:00	1:47:00	5:21	
24	110 Eugenia Arroyo	F 2000		4- F30	20- 0:52:20 52:20	24- 1:47:38 55:18	0:00:00	1:47:38	5:23	
25	185 Desiree Muehlbauer	F		1-	66- 1:07:57 07:57	25- 1:47:39 39:42	0:00:00	1:47:39	5:23	
26	106 Oleh Radchenko	1976		5- M40	36- 0:56:05 56:05	26- 1:50:18 54:13	0:00:00	1:50:18	5:31	
27	166 Rico Castelberg	1982		6- M40	17- 0:50:36 50:36	27- 1:50:41 00:05	0:00:00	1:50:41	5:32	
28	141 Mary Carney	F 1979		3- F40	27- 0:54:00 54:00	28- 1:50:51 56:51	0:00:00	1:50:51	5:33	
29	168 Daniele Torquati	1989		7- M30	33- 0:55:22 55:22	29- 1:51:29 56:07	0:00:00	1:51:29	5:34	
30	164 Martine Amelie Teigland	F 1996		5- F30	30- 0:54:36 54:36	30- 1:51:31 56:55	0:00:00	1:51:31	5:35	
31	151 Per Ebeling	1969		7- M50	31- 0:55:16 55:16	31- 1:53:15 57:59	0:00:00	1:53:15	5:40	
32	139 Simon Suvanto	1998		8- M30	21- 0:52:58 52:58	32- 1:53:24 00:26	0:00:00	1:53:24	5:40	
33	158 Ine Van Aken	F 1992		6- F30	32- 0:55:17 55:17	33- 1:53:32 58:15	0:00:00	1:53:32	5:41	
34	161 Sabine Kiene	F 1973		1- F50	34- 0:55:27 55:27	34- 1:53:58 58:31	0:00:00	1:53:58	5:42	
35	160 Keith McCann	1989		9- M30	39- 0:57:17 57:17	35- 1:54:04 56:47	0:00:00	1:54:04	5:42	
36	131 Karen Cromwell	F 1984		4- F40	38- 0:57:17 57:17	36- 1:54:08 56:51	0:00:00	1:54:08	5:42	
37	103 Maria Ginard	F 1995		7- F30	29- 0:54:33 54:33	37- 1:54:11 59:38	0:00:00	1:54:11	5:43	
38	180 Hazel Shaw	F 1986		8- F30	40- 0:57:23 57:23	38- 1:54:49 57:26	0:00:00	1:54:49	5:44	
39	118 Joanne Dickens	F 1976		5- F40	35- 0:55:45 55:45	39- 1:56:17 00:32	0:00:00	1:56:17	5:49	
40	133 Olive Lambert	F 1981		6- F40	41- 0:57:30 57:30	40- 1:56:20 58:50	0:00:00	1:56:20	5:49	
41	121 Laura Thomas	F 1979		7- F40	42- 0:57:43 57:43	41- 1:58:19 00:36	0:00:00	1:58:19	5:55	
42	104 Alison Rose-Quirie	F 1960		1- F60	44- 0:58:11 58:11	42- 1:59:40 01:29	0:00:00	1:59:40	5:59	
43	114 Holger Gerhards	1982		7- M40	52- 1:00:50 00:50	43- 1:59:56 59:06	0:00:00	1:59:56	6:00	
44	170 CHIARA GATELLI	F 1967		2- F50	37- 0:57:04 57:04	44- 2:00:18 03:14	0:00:00	2:00:18	6:01	
45	150 Susanna Doerlich	F 1971		3- F50	43- 0:58:05 58:05	45- 2:00:32 02:27	0:00:00	2:00:32	6:02	
46	58 DAVID CASH	1981		8- M40	53- 1:00:54 00:54	46- 2:00:44 59:50	0:00:00	2:00:44	6:02	
47	51 PAUL BYRNE	1975		9- M40	54- 1:01:01 01:01	47- 2:01:37 00:36	0:00:00	2:01:37	6:05	
48	123 Mollie Brodie	F 1978		8- F40	47- 1:00:00 00:00	48- 2:02:00 02:00	0:00:00	2:02:00	6:06	
49	120 Ifor Thomas	1949		3- M60	48- 1:00:01 00:01	49- 2:02:01 02:00	0:00:00	2:02:01	6:06	
50	186 Iulian Nicula	1982		10- M40	46- 0:59:34 59:34	50- 2:02:09 02:35	0:00:00	2:02:09	6:06	
51	107 Dawn MacPhee	F 1977		9- F40	45- 0:58:12 58:12	51- 2:02:25 04:13	0:00:00	2:02:25	6:07	
52	145 Linda Barry	F 1974		4- F50	50- 1:00:36 00:36	52- 2:04:15 03:39	0:00:00	2:04:15	6:13	

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53	142 Patricia Foran	F 1967		5- F50	51- 1:00:48 00:48	53- 2:04:15 03:27	0:00:00	2:04:15	6:13	
54	127 Sinead Asple	F 1979		10- F40	49- 1:00:26 00:26	54- 2:06:02 05:36	0:00:00	2:06:02	6:18	
55	126 Siobhan Murphy	F 1984		11- F40	56- 1:02:33 02:33	55- 2:07:02 04:29	0:00:00	2:07:02	6:21	
56	140 Maik Smolinski	1974		8- M50	57- 1:02:47 02:47	56- 2:10:30 07:43	0:00:00	2:10:30	6:31	
57	128 Andrea Leggett	F 1978		12- F40	59- 1:03:39 03:39	57- 2:10:52 07:13	0:00:00	2:10:52	6:33	
58	176 Tyler Evans	2000		10- M30	55- 1:01:16 01:16	58- 2:13:35 12:19	0:00:00	2:13:35	6:41	
59	147 Ernest Widek	1969		9- M50	60- 1:04:13 04:13	59- 2:15:44 11:31	0:00:00	2:15:44	6:47	
60	162 Adam Fox	1994		11- M30	58- 1:03:37 03:37	60- 2:16:59 13:22	0:00:00	2:16:59	6:51	
61	112 Janine Bohling	F 1978		13- F40	62- 1:05:45 05:45	61- 2:17:28 11:43	0:00:00	2:17:28	6:52	
62	173 Hartmut Fanck	1960		4- M60	61- 1:04:34 04:34	62- 2:18:04 13:30	0:00:00	2:18:04	6:54	
63	132 June Fitzpatrick	F 1978		14- F40	63- 1:06:51 06:51	64- 2:21:16 14:25	0:00:00	2:21:16	7:04	
64	143 Ursula Elliott	F 1982		15- F40	64- 1:06:53 06:53	63- 2:21:16 14:23	0:00:00	2:21:16	7:04	
65	116 Emily Smans	F 1995		9- F30	67- 1:08:16 08:16	65- 2:22:12 13:56	0:00:00	2:22:12	7:07	
66	111 Jessica Kaiser	F 1985		10- F30	65- 1:07:57 07:57	66- 2:23:24 15:27	0:00:00	2:23:24	7:10	
67	148 Sonja Widek	F 1969		6- F50	70- 1:10:25 10:25	67- 2:27:05 16:40	0:00:00	2:27:05	7:21	
68	129 Leah Murphy	F 1981		16- F40	68- 1:10:09 10:09	68- 2:30:10 20:01	0:00:00	2:30:10	7:31	
69	271 Joan Fynes	F 1964		2- F60	69- 1:10:11 10:11	69- 2:30:12 20:01	0:00:00	2:30:12	7:31	
70	146 Christina Stohr	F 1970		7- F50	71- 1:12:59 12:59	70- 2:39:22 26:23	0:00:00	2:39:22	7:58	

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<b>Retirats</b>										
109	Juan Rosselló Nadal	1975			13- 0:49:26	49:26	-			Ret.